

Номер на договора: 2011 - ERA - IP - 3



Education and Culture DG

Lifelong Learning Programme



ЦЕНТЪР
ЗА РАЗВИТИЕ
НА ЧОВЕШКИТЕ
РЕСУРСИ

New Bulgarian University

**INTENSIVE PROGRAMME: SPECIAL ABILITIES AND
TALENTS - PATTERNS OF COGNITIVE PROCESSES
IN PEOPLE WITH DISABILITIES**

Social skills Trainning in children that play football: a proposal of intervention

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Introduction





Introduction

1. Deficits in social skills models:

- Deficits in social skills model:
 - Not learned behaviours
- Behavioural inhibition model.
 - Conditioned anxiety.
 - Incorrect cognitive evaluation.

2. Interactive model:

- Production - assessment - selection.

Introduction

3. Social learning theory.

- Direct reinforcement.
- Observational learning or modeling
- Interpersonal feedback.
- Cognitive expectations.

Introduction

Objective:

Promote the acquisition of effective social behaviors sporting situations of social interaction.

Hypothesis I:

Training

>

Assertive behaviors

<

Aggressive behaviors

<

Passive behavior

Introduction

Objetivo:

Promote the acquisition of effective social behaviors sporting situations of social interaction.

Hypothesis II:

Interactions
with peers

≠

Interactions
with adults

Methodology

- **Participants:**
 - 45 football players (male) of 4 teams Benjamins (8 and 9 years old).
- **Instruments:**
 - Children´s Assertive Behavior Scale (CABS; Wood et al., 1978) adapted to Spanish.
- **Procedure:**
 - Experimental design (pretest-posttest). For each team:
 - Detection of need.
 - Evaluation.
 - Intervention: previous ideas, instructions, modeling, behavioral rehearsal, feedback and homework.
 - Evaluation.

Results

- Hypothesis I

Training

> Assertive behaviors

+ → +

< Aggressive behaviors

+ → -

< Passive behavior

+ → -

Results

- Hypothesis II

Interactions
with peers

≠

Interactions
with adults

Aggressive
Behaviors

Training

Peers

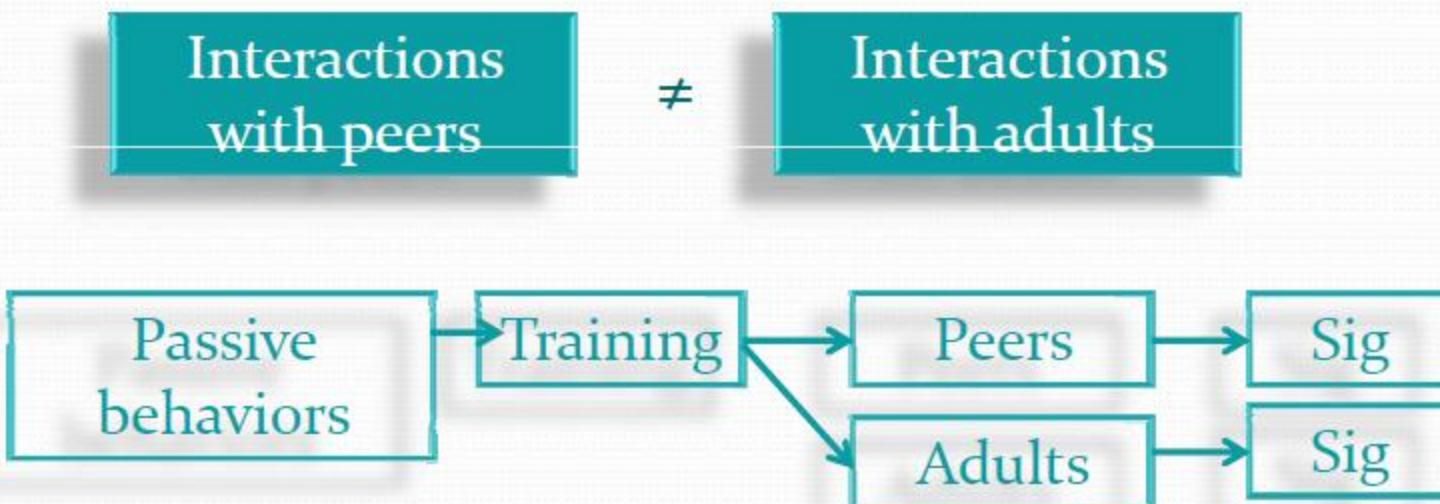
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Adults

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Results

- Hypothesis II



Results

- Hypothesis II

Interactions
with peers

\neq

Interactions
with adults

Assertive
behaviors

Training

Peers

Sig

Adults

Sig



Discussion

Sport \longleftrightarrow Social Skills \longleftrightarrow Other areas

Interactions
with peers

\neq

Interactions
with adults

Discussion

Several theories
explain the results:

Deficit Models

Interactive Model

Social Learning
Theory

Discussion

Other contexts

School

psychological Treatment

Working

Drug Addiction

Organizations

New research: social skills
training with deaf
children.

Thank you

Lorenzo, M. y Bueno, M.R. (2010). *Entrenamiento en Habilidades Sociales en fútbol base: propuesta de intervención*. XII Congreso Nacional de Psicología del deporte y 1^a Jornadas Internacionales de la AMPD. Madrid.

Lorenzo, M. y Bueno, M.R. (2012). Entrenamiento en habilidades sociales en fútbol base: una propuesta de intervención. *Revista Internacional de Ciencias Sociales y Humanidades (SOCIOTAM)*, XXII (2).